Everest Inn[®]

_____A LA CARTE _____

FINE NEPALESE CUISINE

We strive to explore progressive ideas in the Nepalese and Indian cuisines while maintaining traditional integrity. Under the tutelage of Executive Chef Shanker Pandey, Head Chef Ramu Bhandari reinterprets traditional methods and ingredients to produce the finest dishes.

SIGNATURE DISHES

cumin & tomato.

Lamb cooked with fresh mint, spring

Lamb & potatoes cooked with Nepalese

spices, caramalised onions and

PANEER CHILLI MASALA **J**

fresh green chilli and spring onions.

Homemade cottage cheese cooked in a

spiced creamy masala sauce, with a touch of

onions and Nepalese spices.

Served with rice

Served with rice

ALOO MASU 🍠

fresh herbs.

Served with rice

*Contains dairy

Served with rice

*Contains dairy

*Contains dairy

HARIYALI

		VE OE HABLE
EVEREST LAMB SHANK		ALL VEGETABLE DISHES (EXCL.) CAN BE MADE VE
Cooked with Nepalese medium spices, served with basmati rice. CHEF'S SIGNATURE DISH	24	TARKA DAAL Lentils cooked with garlic and mild
JHILKA CHICKEN (ON THE BONE) 🕖 On the bone chicken cooked with garam masala, ginger, chilli		spices. 7
and herbs. Served with basmati rice.	20	ALOO GOBI
HIMALAYAN PRAWN 🍠		Potatoes cooked with cauliflower & mustard. *Contains mustard
Cooked with yoghurt, tomatoes, mustard, green chilli and spices. Served with pilau rice. *Contains shellfish, dairy and mustard	21	7
HOUSE SPECIAL TANDOORI FILLET OF SALMON		DAAL MAKHANI
Tandoor roasted fillet of Salmon, served with stir-fried vegetables		Whole black lentils and red kidney
in a creamy spiced sauce. *Contains dairy and fish	21	beans cooked with unsalted butter,
4		spices, tomatoes, onions, herbs
AUNTY'S EGG CURRY 🥑		and cream.
Hard boiled egg, fried with Nepalese herbs and spices cooked in aunty's		9
delicious tomato sauce. Served with pilau rice. *Contains dairy, egg and		
mustard		BOMBAY ALOO
AUTHENTIC HOME FOOD	19	Spiced potatoes cooked with herbs.
LAKESIDE FISH 🥖		
Marinated diced fillet of white fish, pan fried with spices, lemon juice,		
spring onions, garlic & ginger. Served with egg fried rice.		ONION BHAJI
*Contains gluten, egg and fish	22	Onion pakora.
		6.5

EVEREST PLATTERS

BIRYANI Lamb or chicken tikka cooked with saffr flavoured basmati rice, served with cucumber raita. *Contains dairy	on 21.5	CHICKEN CHILLI MASALA Barbequed chicken cooked in Nepalese spices with a creamy and spicy masala sauce, finished with a touch of green chilli, spring onions and coriander.
DUCK BHUTUWA Cooked with ginger, garlic, cardamom,	21.5	Served with pilau rice *Contains dairy 20

21

20

20

19

pilau rice airy MACCHA MODI KHOLA Marinated white fish cooked with special Nepalese spices, ginger, fresh herbs & a touch of yoghurt.

Served with rice *Contains dairy and fish

GURKHALI Boneless chicken marinated with Nepalese herbs & spices, cooked

with a touch of yoghurt & green chillies. Served with pilau rice *Contains dairy

CHICKEN NEPAL Barbequed chicken cooked with cashew nut

& mango in a mild creamy sauce. Served with pilau rice *Contains dairy, cashew nuts & coconut 20

NEPALI STIR-FRY VEGAN

Courgette, asparagus, beans, mushrooms and broccoli with Nepalese herbs, stir-fried and served with plain rice. 18

PLAIN NAAN *Contains d

KEEMA NAA Naan stuffe *Contains da

PESHAWAA Naan stuffe

20

21

20

touch of coc *Contains d

GARLIC NAA Naan toppe *Contains da

TANDOORI Indian bread *Contains d

TIMURI CHI Seasoned w (from the sc

PLAIN RICE Boiled basm

PILAU RICE Saffron flav *Contains da

MUSHROOM *Contains da

FGG FRIFD A DISCRETIO

STARTERS

8

9

13

10

8

7.5

CHICKEN LOLLIES 🍠		
Pan fried battered wings tossed with		
ginger, garlic, chilli and spices.		
*Contains gluten		

DUCK BREAST

Marinated tandoori duck breast served on a spiced butternut squash salsa. *Contains dairy & gluten

PAN-FRIED TANDOORI SCALLOPS Tossed with nigella seeds, cumin, coriander, chilli, garlic, asparagus, spiced potato and served with cauliflower puree. *Contains dairy & moluscs

KING PRAWN PURI

Cooked in Nepalese spices, served with deep fried Indian bread (Puri). *Contains gluten, shellfish and dairy

SHEEK KEBAB

Spiced minced lamb cooked in a tandoori oven. Served with fresh mint yoghurt chutney. *Contains dairy

SAMOSA CHAAT 🍠

Samosa served with spicy chickpeas, yoghurt, tamarind & coriander chutney. *Contains gluten and dairy

TRADITIONAL INDIAN * Served with pilau rice

Veg 16, Chicken 18, Lamb 19, King Prawn 21.

TIKKA MASALA

Tikka cooked with butter and ground cashew nut, in a fresh creamy tomato sauce. *Contains dairy, cashew nuts and coconut

KORMA

Cooked with coconut in a fresh creamy sauce. *Contains dairy, cashew nuts and coconut

> DHANSAK 🍠 Sweet and sour curry with lentils. *Contains dairy

BHUNA 🍠 Cooked with a medium spiced sauce. *Contains dairy

ROGAN 🍠

Cooked with tomatoes and herbs in a creamy medium spiced sauce. *Contains dairy

момо Steamed Chicken or VEGAN dumplings served with tomato chutney. *Contains gluten & dairy A NEPALESE FAVOURITE

TANDOORI RACK OF LAMB Marinated rack of lamb, cooked in a tandoori oven, served with a fresh mint yoghurt 13 chutney. *Contains dairy

LIME POLEKO PRAWNS 🤳 Pan-fried with garlic, chilli, lime and spiced tarter chutney. *Contains shellfish, gluten, dairy & eggs 11

PANI PURI VEGAN 🍠 Crispy wheat balls, spiced potato, black chickpeas and infused tamarind flavoured water. *Contains gluten 7.5 A TRADITIONAL STREET FOOD

CHANA CHATPATE VEGAN **J** Spiced chicK peas with diced potatoes, red onion tossed with chat masala, spiced tamarind sauce and chilli *Contains gluten 8

Some papadums while you wait? PAPADUM BASKET Served with a tray of Mango Chuntey, Mint Chutney, Carrot Pickle, Onion Salad. *Contains dairy and mustard

TANDOORI SIZZLER

HANSH SEKUWA

Duck breast marinated with Nepalese

spices and grilled in a tandoor oven. *Contains dairy

TANDOORI MIX GRILL A platter of lamb chop, tandoori chicken, sheek kebab and chicken tikka. *Contains dairy 22

SHASHLICK SPECIAL

Paneer 16, Chicken 17 King Prawn 19.

Grilled tikka in a tandoor oven, served with mixed peppers, onions and tomatoes. *Contains dairy

Medium Hot - 🌶 Madras Hot - 🔳

6

21

LAKESIDE FISH 🍠 Marinated diced fillet of whit spring onions, garlic & ginge

IF YOU HAVE FOOD ALLERGIES OF ANY KIND, PLEASE **INFORM US WHEN PLACING YOUR ORDER**

VEGETABLE SIDES *Contains dairy

VEGETABLE DISHES (EXCL. PANEER, RAITA AND DAAL MAKHANI) CAN BE MADE VEGAN UPON REQUEST

TARKA DAAL

MUSHROOM BHAJI Mushroom cooked in a medium spice. 7.5

BRINJAL BHAJI Aubergine cooked with Nepalese spices, spring onions and mustard. *Contains mustard 8.5

CHANA MASALA Chickpeas cooked in medium spices. 7

SAG (WITH ALOO OR PANEER) Spinach (with potatoes or cottage cheese) 8

RAITA Cucumber infused yoghurt. 3

ACCOMPANIMENTS

N dairy and gluten	4
AN ed with spiced minced lamb. dairy and gluten	5
ARI NAAN ed with nuts and seeds, slightly sweetened with a conut and raisins. dairy, cashew nuts and gluten	5
AN ed with garlic, parsley and coriander. <mark>dairy and gluten</mark>	5
ROTI ad made from whole wheat flour. dairy and gluten	3.5
IPS vith garlic and Himalayan timur chezwan pepper family).	3
ati rice.	4
i voured basmati rice. dairy	4.5
M RICE dairy	5
RICE DNARY SERVICE CHARGE OF 10% WILL BE ADDED TO YOUR FINAL B	5.5 :ILL



BUBBLES	ROSE
PROSECCO VALDOBBIADENE SUPERIORE BRUT BIOLOGICO, PRAPIAN ESTATE, DOCG ITALY NV Organic 20cl btl 12.5 75 cl btl 41 *Awards - Silver IWSC 2022	TRAMARI PRIMITIVO ROSE, CANTINA SAN MARZANO, PU ITALY. 2021 175ml 9.5 250ml 12.5 *Awards - Bronze Medal DWWA RED
PROSECCO ROSÉ BRUT, SACCHETTO, DOC ITALY 2021 75cl btl 45	LES BOULES, VIN DE FRANCE 2021 175ml 7 250ml 9
CLASSIC CUVÉE BRUT, CHALKLANDS - KENT. ENGLAND NV	ECHEVERRIA MERLOT RESERVA, CHILE 2021 175ml 9 250ml 11
75 cl btl 51	MALBEC "RAICES" ANDELUN UCO VALLEY, ARGENTINA 202 175ml 9.5 250ml 12
75 cl btl 71 LAURENT-PERRIER, CUVÉE ROSÉ, CHAMPAGNE, FRANCE NV 75 cl btl 131	NEGROAMARO 'IL PUMO' CANTINA SAN MARZANO, ITALY, 2021
WHITE	WINEMAKERS RESERVE BLAC SHIRAZ - BERTON VINEYARD, PADTHAWAY. Australia 2021
LES BOULES, VIN DE FRANCE 2021 175ml 7 250ml 9 btl 25 ECHEVERRIA SAUVIGNON BLANC	RIOJA RESERVA BODEGAS ONDARRE. SPAIN 2018
RESERVA, CHILE 2022 175ml 9 250ml 11 btl 29	*Awards - Bronze Medal DWWA - Silver Medal IWC 2022
PINOT GIRGIO SACCHETTO ITALY 2021 175ml 9.5 250ml 12 btl 31	BEERS
SWARTLAND FOUNDERS CHENIN BLANC SOUTH AFRICA 2022 btl 34	4.5% abv, Half pint 3.5 F COBRA INDIAN BEER 4.5% abv, 620ml btl NEPALESE GURKHA BEER 4.8% abv, 660ml btl NON-ALCOHOLIC BEER
FOUNDSTONE UNOAKED CHARDONNAY, AUSTRALIA 2021 btl 37	alcohol free, 330ml btl MAGNERS IRISH CIDER 4.5% abv, 568ml btl
SAINT CLAIR SAUVIGNON BLANC, MARLBOROUGH, NZ 2022	*DWWA - Decanter World Wine A IWC - International Wine Challer

*Awards - Silver Medal IWC 2019, 2020 btl **45**

O, PUGLIA **.5** *btl* **35** DWWA 2022

ANCE

l 9 btl 25

L1 btl **29**

ELUNA, IA 2021 **12** btl **34**

> BLACK YARD, 2021

btl **37**

btl **40**

AS btl **45**

WWA 2022 2022

HT t 3.5 Pint 6.5 ml btl 7.5 ER nl btl 8 *il btl* **3.5** l btl 6

Wine Awards MARLBOROUGH, NZ 2022 IWC - International Wine Challenge

Wines served at 175ml (125ml on request).

