

**FINEST NEPALESE CUISINE**

We strive to explore progressive ideas in the Nepalese and Indian cuisines while maintaining traditional integrity. Under the tutelage of Executive Chef Shanker Pandey, *Head Chef Ramu Bhandari* reinterprets traditional methods and ingredients to produce the finest dishes.

# Everest Inn

A LA CARTE

**IF YOU HAVE FOOD ALLERGIES OF ANY KIND, PLEASE INFORM US WHEN PLACING YOUR ORDER**

**STARTERS**

**CHICKEN LOLLIES** 🌶️

Pan fried battered wings tossed with ginger, garlic, chilli, and spices.  
\*Contains gluten

6.5

**DUCK BREAST**

Marinated tandoori duck breast served on a spiced butternut squash salsa.  
\*Contains dairy & gluten

8.5

**PAN-FRIED TANDOORI SCALLOPS**

Pan-fried marinated scallops tossed with nigella seeds, cumin, coriander, chilli, garlic and served with spiced cauliflower puree  
\*Contains dairy & moluscs

11.5

**KING PRAWN PURI**

King prawns cooked in Nepalese spices, served with deep fried Indian bread (*Puri*).  
\*Contains gluten, shellfish and dairy

9

**SHEEK KEBAB**

Spiced lamb cooked in a tandoori oven. Served with fresh mint yoghurt chutney.  
\*Contains dairy

7

**SAMOSA CHAAT** 🌶️

Samosa served with spicy chickpeas, yoghurt, tamarind & coriander chutney.  
\*Contains gluten and soya

6.5

**MOMO**

Steamed Chicken or **VEGAN** dumplings served with tomato chutney.  
\*Contains gluten and dairy

6.5

A NEPALESE FAVOURITE

6.5

**TANDOORI RACK OF LAMB**

Marinated rack of lamb, cooked in a tandoori oven, served with a fresh mint yoghurt chutney.  
\*Contains dairy

8.5

11.5

**LIME POLEKO PRAWNS** 🌶️

Pan-fried with garlic, chilli, cherry tomato and tomato chutney.  
\*Contains shellfish, gluten, dairy and eggs

10

**PANI PURI VEGAN** 🌶️

Crispy wheat balls, spiced potato, black chickpeas and infused tamarind flavoured water.  
\*Contains gluten

6

A TRADITIONAL STREET FOOD

Some papadums while you wait?

**SPICY PAPADUM**

1

**PLAIN PAPADUM**

1

**PICKLE TRAY**

A tray of Mango Chutney, Mint Chutney, Carrot Pickle, Onions & cucumber.  
\*Contains dairy and mustard

2

**TRADITIONAL INDIAN**

\* Served with pilau rice

Veg 13, Chicken 15, Lamb 16, King Prawn 18

**TIKKA MASALA**

Tikka cooked with butter and ground almonds in a fresh creamy tomato sauce.  
\*Contains dairy and coconut

**KORMA**

Cooked with coconut in a fresh creamy sauce.  
\*Contains dairy, cashew nuts and coconut

**DHANSAK** 🌶️

Sweet and sour curry with lentils.  
\*Contains dairy

**BHUNA** 🌶️

Cooked with a medium spiced sauce.  
\*Contains dairy

**ROGAN** 🌶️

Cooked with tomatoes & herbs in a medium spiced sauce. \*Contains dairy and gluten

**TANDOOR**

**HANSH SEKUWA**

Duck breast marinated with Nepalese spices, and grilled in a tandoor oven.  
\*Contains dairy

15

**TANDOORI MIX GRILL**

A platter of lamb chop, tandoori chicken, sheek kebab and chicken tikka.  
\*Contains dairy

17

**SHASHLICK SPECIAL**

Paneer 12.5, Chicken 13.5  
King Prawn 16.5

Grilled tikka in a tandoor oven, served with mixed peppers, onions and tomatoes.  
\*Contains dairy

Medium Hot - 🌶️  
Madras Hot - 🌶️🌶️

**SIGNATURE DISHES**

**EVEREST LAMB SHANK** 🌶️

Lamb shank cooked with Nepalese medium spices, served with basmati rice.  
*CHEF'S SIGNATURE DISH*

19

**JHILKA CHICKEN (ON THE BONE)** 🌶️🌶️

On the bone chicken cooked with garam masala, ginger, chilli, and herbs. Served with pilau rice.  
\*Contains dairy

16.5

**HIMALAYAN PRAWN** 🌶️

King prawns cooked with yoghurt, tomatoes, mustard, green chilli, and spices. Served with pilau rice.  
\*Contains shellfish, dairy, and mustard

18

**HOUSE SPECIAL TANDOORI FILLET OF SALMON**

Tandoor roasted fillet of Salmon, served with stir-fried vegetables in a creamy spiced sauce.  
\*Contains dairy and fish

17

**AUNTY'S EGG CURRY** 🌶️

Boiled egg, fried with Nepalese herbs and spices cooked in a deliciously creamy sauce. Served with pilau rice.  
\*Contains dairy, egg and mustard  
*AUTHENTIC HOME FOOD*

14

**LAKESIDE FISH** 🌶️

Marinated diced fillet of white fish, pan fried with spices, lemon juice, spring onions, garlic & ginger. Served with egg fried rice.  
\*Contains gluten, egg and fish

17

**VEGETABLE SIDES** \*Contains dairy

\* ALL VEGETABLE DISHES (EXCL. PANEER AND RAITA) CAN BE MADE **VEGAN** UPON REQUEST

**TARKA DAAL**

Lentils cooked with garlic and mild spices.  
6.5

**ALOO GOBI**

Potatoes cooked with cauliflower.  
6.5

**ONION BHAJI**

Onion pakora.  
6

**BOMBAY ALOO**

Spiced potatoes cooked with herbs.  
6

**SAG**

(WITH ALOO OR PANEER)  
Spinach (with potatoes or cottage cheese).  
7

**MUSHROOM PEAS**

Mushroom and peas cooked in a medium spice.  
6.5

**BRINJAL BHAJI**

Aubergine cooked with Nepalese spices and spring onions.  
7.5

**CHANA MASALA**

Chickpeas cooked in medium spices.  
6.5

**BHINDI DOPIYAZA**

Okra & onion cooked with medium spices.  
7.5

**RAITA**

Cucumber infused yoghurt.  
3

**EVEREST PLATTERS**

**BIRYANI**

Lamb or chicken tikka cooked with saffron flavoured basmati rice, served with cucumber raita.  
\*Contains dairy

16.5

**DUCK BHUTUWA**

Cooked with ginger, garlic, cardamom, cumin & tomato.  
Served with rice  
\*Contains dairy

18

**HARIYALI**

Lamb cooked with fresh mint, spring onions and Nepalese spices.  
Served with rice  
\*Contains dairy

17.5

**ALOO MASU** 🌶️

Lamb & potatoes cooked with Nepalese spices, caramelised onions, and fresh herbs.  
Served with rice  
\*Contains dairy

17

**PANEER CHILLI MASALA** 🌶️🌶️**VEG**

Homemade cottage cheese cooked in a spiced creamy masala sauce, with a touch of fresh green chilli and spring onions.  
Served with rice  
\*Contains dairy

15.5

**CHICKEN CHILLI MASALA** 🌶️🌶️

Barbequed chicken cooked in Nepalese spices with a creamy and spicy masala sauce, finished with a touch of green chilli, spring onions and coriander.  
Served with pilau rice  
\*Contains dairy

16.5

**MACCHA MODI KHOLA**

Marinated white fish cooked with special Nepalese spices, ginger, fresh herbs & a touch of yoghurt.  
Served with rice  
\*Contains dairy and fish

16

**GURKHALI** 🌶️🌶️

Boneless chicken marinated with Nepalese herbs & spices, cooked with a touch of yoghurt & green chillies.  
Served with pilau rice  
\*Contains dairy

16.5

**CHICKEN NEPAL**

Barbequed chicken cooked with almond & slices of mango in a mild creamy sauce.  
Served with pilau rice  
\*Contains dairy and cashew nuts

16.5

**NEPALI STIR-FRY VEGAN**

Courgette, asparagus, mushrooms and broccoli with Nepalese herbs, stir-fried and served with plain rice.

15

**ACCOMPANIMENTS**

**PLAIN NAAN**

\*Contains dairy and gluten

3.5

**KEEMA NAAN**

Naan stuffed with spiced minced lamb. \*Contains dairy and gluten

4.5

**PESHAWAARI NAAN**

Naan stuffed with nuts and seeds, slightly sweetened with a touch of coconut and raisins.  
\*Contains dairy, cashew nuts and gluten

4.5

**GARLIC NAAN**

Naan topped with garlic, parsley and coriander. \*Contains dairy and gluten

4

**TANDOORI ROTI**

Indian bread made from whole wheat flour. \*Contains dairy and gluten

3

**TIMURI CHIPS**

Seasoned with garlic and Himalayan timur (from scheszwan pepper family)

3

**PLAIN RICE**

Boiled basmati rice.

3.5

**PILAU RICE**

Saffron flavoured basmati rice. \*Contains dairy

4

**MUSHROOM RICE**

\*Contains dairy

4.5

**EGG FRIED RICE**

4.5

**A DISCRETIONARY SERVICE CHARGE OF 10% WILL BE ADDED TO YOUR FINAL BILL**