

NAMASTE!

Our aim is to bring the best in Nepalese and Indian cuisine with a modern twist on traditional methods. Our dedicated chefs continually develop and refine our famous recipes to the highest possible standard. We are passionate and proud of our food along with our service making every effort to select and combine the finest ingredients, so that our customers can enjoy a high quality delicious meal, every single time!

ALLERGEN ADVICE

If you have a food allergy of any kind, please inform us when placing your order

OPENING TIMES

Monday	Closed
Tuesday	4:00pm - 10:00pm
Wednesday	4:00pm - 10:00pm
Thursday	4:00pm - 10:00pm
Friday	4:00pm - 10:00pm
Saturday (All day)	1:00pm - 10:00pm
Sunday (All day)	1:00pm - 10:00pm

OUR BRANCHES

BLACKHEATH, LONDON
41 Montpelier Vale,
SE3 0TJ
T: 020 8852 7872

HYTHE, KENT
32-34 High Street
CT21 5AT
T: 01303 269 898

ASHFORD, KENT
113 Station Road,
TN23 1PJ
T: 01233 643 643

PERTH, SCOTLAND
36 South Methven Street,
PH1 5NU
T: 01738 622 563

New addition

KOYLA

by Shanker Pandey

koylakent.co.uk

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Joanna Lumley OBE
British actress

“Magnificent food,
excellent staff and
professional service
- 10 out of 10”

Your food is prepared by
award-winning Chef,
Shanker Pandey.



Executive Chef, Shanker Pandey,
receiving the National Awards
at the Houses of Parliament.
March 2020

Everest Inn®

fine nepalese cuisine

TAKEAWAY MENU



020 8852 7872

41 Montpelier Vale, Blackheath, London, SE3 0TJ

www.everestinn.co.uk

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STARTERS

Everest Vegetable Samosa Vegan Served with tamarind chutney. *Contains gluten & mustard	5.50
Onion Bhaji Vegan Served with tamarind chutney. *Contains gluten	5.95
Momo (Chicken or Vegan) Steamed dumplings served with tomato chutney. *Chicken momo -contains dairy & gluten, Vegan momo - Contains gluten	5.95
Chilli Chicken 🌶️ Tandoori cooked marinated chicken pan fried with ginger, garlic, green chillies, coriander, onions, fresh herbs and spices. *Contains dairy	6.25
Tandoori Lamb Chops Marinated rack of lamb, cooked in a tandoori oven, served with a fresh mint & yoghurt chutney. *Contains dairy	10.50
Drunken Chilli King Prawns 🌶️ King prawns pan fried with garlic, peppers, cherry tomatoes, sweet chillies and coriander. *Contains shellfish and white wine	8.95
Beetroot & Paneer Parcel V Spiced beetroot and cottage cheese wrapped in a pastry and served with a spiced tamarind and mint yoghurt chutney. *Contains gluten, mustard and dairy	6.25
King Prawn Puri Medium sized king prawns cooked with Nepalese spices, served with Puri (deep fried Indian bread). *Contains gluten, shellfish and dairy	7.50
Sheek Kebab (Chicken or Lamb) Spiced minced chicken or lamb, cooked in a tandoori oven. Served with fresh mint & yoghurt chutney. *Contains dairy	6.50
Vegetable Manchurian Vegan 🌶️ Pan fried mix vegetable pakoras with a mixture of spices, ginger, garlic & coriander. *Contains gluten	4.50
Papadam (Plain or Spicy)	0.95
Pickle or Chutney Mint Chutney. *Contains dairy , Mango Chutney, Lime Pickle or Carrot Pickle. *Contains Mustard	0.95

TANDOORI

These dishes are marinated & cooked in a clay oven.

Chicken Grill A mixed platter of chicken tikka, tandoori chicken and chicken sheek kebab. *Contains dairy	14.50
Tandoori Mix Grill A platter of lamb chop, tandoori chicken, sheek kebab and chicken tikka. *Contains dairy	15.95
Shashlik Special Grilled in a tandoori oven with mixed peppers, onions and tomatoes. *Contains dairy	
Chicken	11.95
Paneer V	10.95
King Prawn	14.95
Salmon Fillet	12.95

CHEF'S RECOMMENDATIONS

Lakeside Fish 🌶️ Marinated diced fillet of white fish, pan fried with spices, lemon juice, spring onions, garlic and ginger. *Contains gluten	12.95
Bhutuwa Special (Chicken or Lamb) Chicken or lamb cooked with herbs, spices and spring onions. *Contains dairy	12.95
Aunty's Egg Curry 🌶️ Hard boiled eggs with Nepalese herbs and spices cooked in aunty's delicious plum tomato curry. *Contains dairy & mustard	10.95
Machha Modi Khola Marinated white fish cooked with special Nepalese spices, ginger, fresh herbs and a touch of yoghurt. *Contains dairy	12.95
Hariyali (Chicken or Lamb) Chicken or lamb cooked with fresh mint, spring onions and Nepalese spices. *Contains dairy	11.95
Chicken Nepal Barbequed chicken cooked with almond and slices of mango in mild creamy sauce. *Contains dairy, almond, coconut & cashew nuts	11.95
Chicken Lasun Khursani 🌶️🌶️ Tender pieces of chicken cooked with green chillies, garlic and spring onions. *Contains dairy	11.95
Chicken Chilli Masala 🌶️🌶️ Barbequed chicken cooked in Nepalese spices with a creamy and spicy masala sauce, finished with a touch of green chilli, spring onions and coriander. *Contains dairy	11.95
Gurkhali (Chicken or Lamb) 🌶️🌶️ Boneless chicken or lamb marinated with Nepalese herbs and spices, cooked with a touch of yoghurt and green chillies. *Contains dairy	11.95
Paneer Chilli Masala V 🌶️🌶️ Homemade cottage cheese cooked in a spiced creamy masala sauce, with a touch of fresh green chilli and spring onions. *Contains dairy	9.95
Brinjal Aloo Simi Vegan *Contains mustard Baby aubergine, green beans and potatoes cooked with Nepalese spices.	9.95

TRADITIONAL INDIAN

Veg 8.95 | Chicken 10.95 | Lamb 11.95 | King Prawn 13.95

Tikka Masala Tikka cooked with butter and ground almonds in a fresh creamy tomato sauce. *Contains dairy, almonds & coconut	
Korma Cooked with coconut, almonds, cashew nuts in a very mild creamy sauce. *Contains dairy, cashew nuts, almonds & coconut	
Bhuna Cooked with a medium spiced sauce, with a touch of Rogan cream, tomato and herbs. *Contains dairy	
Dhansak 🌶️ Sweet and sour curry with lentils. *Contains dairy	
Jalfrezi 🌶️🌶️ Cooked with peppers, onions, green chillies & herbs. *Contains dairy, gluten	
Curry (Balanced Spices) Madras (Hot) 🌶️🌶️ Vindaloo (Very Hot) 🌶️🌶️🌶️	

VEGETABLE DISHES

All vegetable dishes (excl. Paneer and Raita) can be made vegan upon request.

	SIDE	MAIN
Tarka Daal Lentils cooked with garlic and mild spices *Contains dairy	4.95	7.95
Aloo Gobi Potatoes cooked with cauliflower *Contains dairy, mustard	5.50	8.50
Mix Vegetables A selection of seasonal vegetables *Contains dairy	5.50	8.50
Bombay Aloo Spiced potatoes cooked with herbs *Contains dairy	4.95	7.95
Sag Bhaji, Sag Aloo or Sag Paneer Plain spinach, spinach with potatoes or spinach with cottage cheese. *Contains dairy	5.95	8.95
Mushroom Bhaji Mushroom cooked in a medium spices. *Contains dairy	5.50	8.50
Brinjal Bhaji *Contains dairy, mustard Aubergine cooked with Nepalese spices and spring onions.	5.95	8.95
Chana Masala Chickpeas cooked in medium spices. *Contains dairy	5.50	8.50
Fresh Bhindi Okra. *Contains dairy	5.95	8.95
Raita Yoghurt mixed with cucumber. *Contains dairy	2.50	
Potato Fries	2.50	

RICE & BIRYANI

Plain Rice Plain basmati rice.	3.25
Pilau Rice Saffron flavoured basmati rice. *Contains dairy	3.50
Mushroom Rice. *Contains dairy	4.50
Egg Fried Rice	4.25
Chicken Tikka Biryani	12.50
Chicken cooked with saffron flavoured basmati rice served with cucumber raita. *Contains dairy	
Lamb Biryani	13.50
Lamb cooked with saffron flavoured basmati rice served with cucumber raita. *Contains dairy	

HOMEMADE BREAD

Plain Naan. *Contains dairy and gluten	3.25
Keema Naan	3.95
Naan stuffed with spiced minced lamb *Contains dairy and gluten	
Peshawari Nan	3.95
Naan stuffed with nuts and seeds, slightly sweetened with a touch of coconut and raisins. *Contains dairy, almonds, cashew nuts, and gluten coconut	
Garlic Naan	3.75
Naan bread topped with garlic, parsley and coriander. *Contains dairy and gluten	
Tandoori Roti	2.75
An Indian bread made from whole wheat flour. *Contains dairy and gluten	